

RESERVE COMPONENT HEALTH RISK ASSESSMENT (RCHRA) COMPLETION - DEFERRED GME & FAP MEMBERS APPLYING TO JSGMESB

All members completing deferred GME or FAP residencies and applying to the JSGMESB are required to complete a Health Status Recertification prior to being able to enter extended active duty training. To facilitate this health status recertification the AF uses the Reserve Component Health Risk Assessment (RCHRA) form.

This is a self-reporting form and does NOT require a physician's signature on page 4. The AFPC/DP2NP, Retention Medical Standards Office, will contact you via email if additional medical documentation/information/records are required.

RCHRA forms must be submitted through your myPers account (instructions below) no later than 22 September. DO NOT UPLOAD THIS FORM INTO MODS, IT WILL BE DELETED. This suspense date is to facilitate the review/completion of all medical clearances prior to the Joint Service Graduate Medical Education Selection Board (JSGMESB).

ALL QUESTIONS regarding the submission of your RCHRA/Medical Records must be directed to Lt Col Jennifer Stangle (jennifer.stangle@us.af.mil). All other GME questions are to be directed to the Physician Education Office (AFPC.DP2NP.PhysicianEducation@us.af.mil).

Document Requirements:

- Type or use a good quality **BLACK** ink pen and write legibly
- Ensure a good email address is provided on page #1. This is how Lt Col Stangle will contact you if additional information is needed.
- You must provide an actual signature on page 4.
- A physician's signature/physical is **NOT** required.
- DO NOT** take pictures of the documents with your SMART phone! This results in a VERY large data file and usually a dark or blotchy document. Please use an actual document scanner; i.e. multi-function printer/scanner or photo/document scanner at home, at your school, Kinko's, FedEx, Office Supply Store, etc.
- Ensure pages are scanned at a resolution that provides a clear copy, at least 400 dpi.
- Ensure the documents are facing the correct direction when scanning to prevent blank pages.
- Please scan all pages as a single document. Scanning each page individually increases the download time. If you must break up the documents please label the documents as indicated below with numbering to ensure everything is received; example, RCHRA_ADAMS_K_1 of 3, RCHRA_ADAMS_K_2 of 3, etc.
- Review the pages you are submitting to ensure you have completed all fields of the form, included your signature signed and dated page 4 and that the document is 100% clear and legible. If the copies appear fuzzy, distorted, dark, or faint please redo/rescan them.
- Poor quality forms that are not 100% accurate/legible will be rejected further delaying the process. Please ensure you comply, in a timely manner, with any/all requests for additional information and documentation.
- All RCHRA Forms are to be submitted through your myPers account. This is to ensure safe transmission of your PII/PHI information.

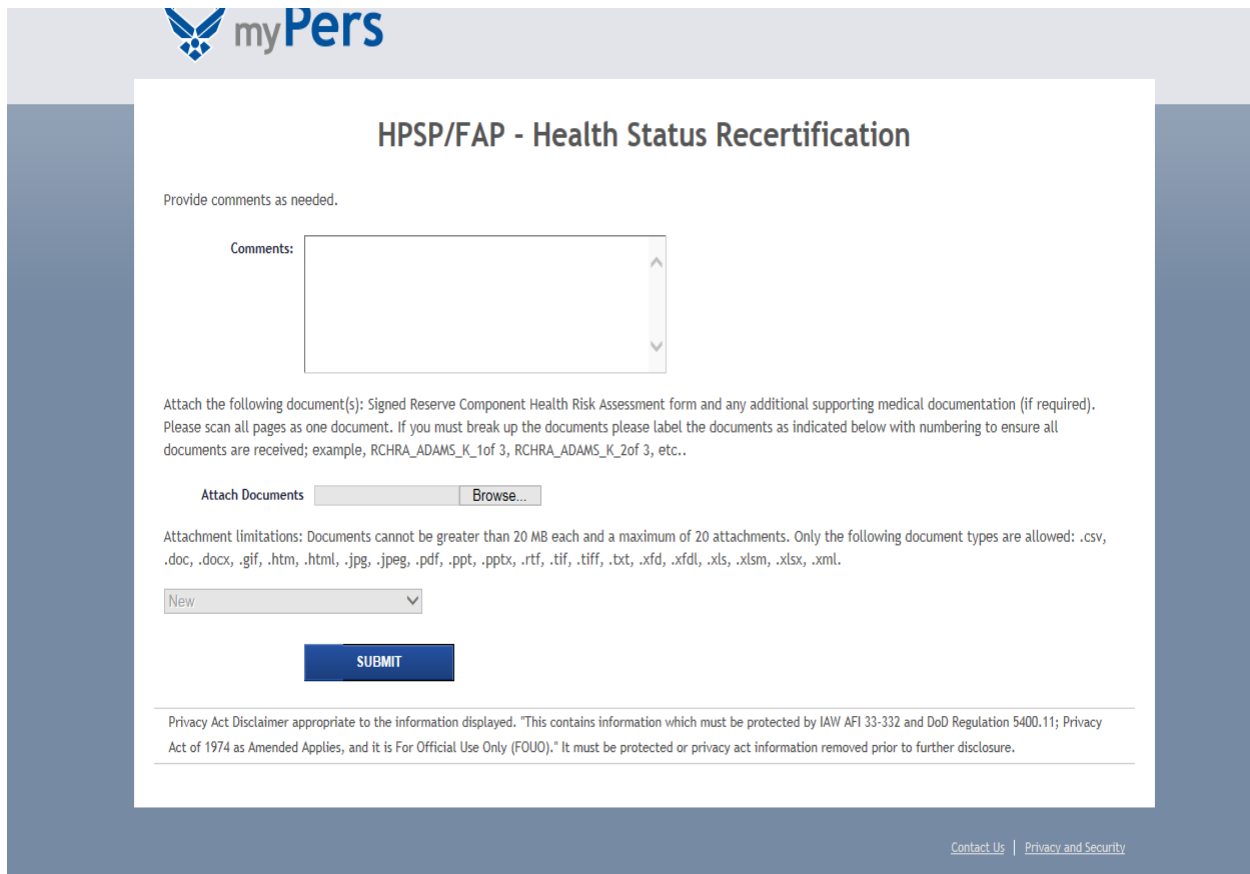
myPers Account Instructions:

You will be required to establish your myPers account at <https://mypers.af.mil/> by clicking on Create Account link for "No DOD-Issued CAC and no User ID/Password Available?"

You will be required to enter your Last Name, Date of Birth and your Social Security Number to validate your account. This is a secure system and your Social Security Number is protected. If you require technical assistance contact the A1 Service Desk at 1-800-525-0102, option 8.

Once you have established your account go to <https://mypers.af.mil/app/dynamicforms/display/form/252> and attach your RCHRA documents.

The deadline for submitting your completed RCHRA and supporting medical records through your myPers account is 22 September.



The screenshot shows the myPers logo at the top left. The main heading is "HPSP/FAP - Health Status Recertification". Below this, it says "Provide comments as needed." followed by a "Comments:" label and a large text area with a vertical scrollbar. Below the text area, it says "Attach the following document(s): Signed Reserve Component Health Risk Assessment form and any additional supporting medical documentation (if required). Please scan all pages as one document. If you must break up the documents please label the documents as indicated below with numbering to ensure all documents are received; example, RCHRA_ADAMS_K_1of 3, RCHRA_ADAMS_K_2of 3, etc..". Below this is an "Attach Documents" label, a text input field, and a "Browse..." button. Below the input field, it says "Attachment limitations: Documents cannot be greater than 20 MB each and a maximum of 20 attachments. Only the following document types are allowed: .csv, .doc, .docx, .gif, .htm, .html, .jpg, .jpeg, .pdf, .ppt, .pptx, .rtf, .tif, .tiff, .txt, .xld, .xldl, .xls, .xlsb, .xlsx, .xml". Below this is a dropdown menu with "New" selected. Below the dropdown is a blue "SUBMIT" button. At the bottom, there is a Privacy Act Disclaimer: "Privacy Act Disclaimer appropriate to the information displayed. 'This contains information which must be protected by IAW AFI 33-332 and DoD Regulation 5400.11; Privacy Act of 1974 as Amended Applies, and it is For Official Use Only (FOUO).' It must be protected or privacy act information removed prior to further disclosure." At the bottom right, there are links for "Contact Us" and "Privacy and Security".

myPers

HPSP/FAP - Health Status Recertification

Provide comments as needed.

Comments:

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Attach Documents Browse...

Attachment limitations: Documents cannot be greater than 20 MB each and a maximum of 20 attachments. Only the following document types are allowed: .csv, .doc, .docx, .gif, .htm, .html, .jpg, .jpeg, .pdf, .ppt, .pptx, .rtf, .tif, .tiff, .txt, .xld, .xldl, .xls, .xlsb, .xlsx, .xml.

New

SUBMIT

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